

# *Vibrant:*

## **GROWING FAMILIES WHERE FAITH FLOURISHES**

### **The Guided Family**

#### **Hebrews 12:3-11 (ESV)**

<sup>3</sup> Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted. <sup>4</sup> In your struggle against sin you have not yet resisted to the point of shedding your blood.

<sup>5</sup> ... have you forgotten the exhortation that addresses you as sons?

“My son, do not regard lightly the discipline of the Lord,  
nor be weary when reproved by him.

<sup>6</sup> For the Lord disciplines the one he loves,  
and chastises every son whom he receives.”

<sup>7</sup> It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline? <sup>8</sup> If you are left without discipline, in which all have participated, then you are illegitimate children and not sons. <sup>9</sup> Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? <sup>10</sup> For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness. <sup>11</sup> For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

**Who** does God discipline?

**Why** does God discipline?

He \_\_\_\_\_ us.

He is \_\_\_\_\_ us and our \_\_\_\_\_.

He wants us to be \_\_\_\_\_.

He \_\_\_\_\_ our greatest need:

We struggle with \_\_\_\_\_ and He wants us to have the  
\_\_\_\_\_ that only comes from \_\_\_\_\_.

**How** does God discipline?

**Biblical discipline:**

Is necessary to \_\_\_\_\_. (v. 4)

*Our children are not born morally \_\_\_\_\_. (Jeremiah 17:9)*

*Therefore, they need more than \_\_\_\_\_.*

*They need corrective \_\_\_\_\_.*

*Consider Proverbs 22:15 ...*

We discipline with \_\_\_\_\_ and \_\_\_\_\_. (v. 5)

*Proverbs 3:11 ...*

If \_\_\_\_\_ is the basis of discipline, then \_\_\_\_\_ is the key.  
(v.6-9)

We discipline because we want to teach our children the necessity of  
\_\_\_\_\_ - to us first, then to God. (v. 9)

Discipline requires \_\_\_\_\_ in order to achieve  
\_\_\_\_\_. (v. 10-11)

*“Far from being a dirty word, discipline is evidence of love. When you consistently discipline your child and do it with the right attitude – compassionately, under control, with consistent boundaries and consequences, and focused on the child’s best outcome – you are expressing love exactly as God sometimes expresses His love. It may seem uncomfortable both to you and to your child at the time, but in the long run, it’s the most selfless, compassionate thing you can do to set your child up for happiness in life and fruitfulness in God’s Kingdom.”*

- Chip Ingram, *Effective Parenting in a Defective World*