

**Help for the Angry Heart**

Matthew 5:21-26

<sup>21</sup> "You have heard that it was said to those of old, 'You shall not murder; and whoever murders will be liable to judgment.'<sup>22</sup> But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, 'You fool!' will be liable to the hell of fire.

**"You have heard that it was said ... but I say to you ..."**

<sup>13</sup> "You shall not murder." (Exodus 20:13)

Jesus does not \_\_\_\_\_ or \_\_\_\_\_ the Law. (Matt 5:17-19)

*Though ironically, the scribes and Pharisees did ...*

Jesus does not \_\_\_\_\_ the Law.

Jesus \_\_\_\_\_ the full depth of \_\_\_\_\_ and the timeless \_\_\_\_\_ of the Law!

Therefore, not \_\_\_\_\_ anybody is not enough! God's judgment starts in the \_\_\_\_\_.

And what's at the heart of murder? \_\_\_\_\_.

Jesus is making it plain how \_\_\_\_\_ the issue of misplaced anger is.

And what's an expression – short of murder, but still sinful – of an angry heart?

\_\_\_\_\_

And remember ... the issue is never \_\_\_\_\_ of me! When it comes to my anger, the root cause is always the condition of my \_\_\_\_\_. (Prov 4:23, Mark 7:20-23)

**Addressing the Root (Heart) Causes of My Anger:**

Pray for \_\_\_\_\_. (Rom. 12:1–2; Phil. 1:9–11).

Check my \_\_\_\_\_. (Prov 16:32, 19:11)

Surrender my \_\_\_\_\_. (James 4:1-2)

Confess my \_\_\_\_\_. (Psalm 37:8-9)

Choose to \_\_\_\_\_. (Prov. 19:11, Col 3:13)

Trust God's \_\_\_\_\_. (Nahum 1:3, Psalm 37:7-9, Rom 12:19-21)

Don't \_\_\_\_\_ up or \_\_\_\_\_ up. Instead, take \_\_\_\_\_ steps to address the cause and seek God-honoring \_\_\_\_\_, and do it with \_\_\_\_\_. (Prov 29:11, James 1:19-20)

Two examples:

<sup>23</sup> So if you are offering your gift at the altar and there remember that your brother has something against you, <sup>24</sup> leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift. <sup>25</sup> Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison.

<sup>26</sup> Truly, I say to you, you will never get out until you have paid the last penny.

To my brother (or sister):

To my adversary:

**My response to God and His Word today:**

**Sunday, May 19**

**10am Worship**

Welcome & Scripture Reading.....Reagan Farris

Colossians 1:9-14

<sup>9</sup> And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, <sup>10</sup> so as to walk in a manner worthy of the Lord, fully pleasing to him: bearing fruit in every good work and increasing in the knowledge of God; <sup>11</sup> being strengthened with all power, according to his glorious might, for all endurance and patience with joy; <sup>12</sup> giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light. <sup>13</sup> He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, <sup>14</sup> in whom we have redemption, the forgiveness of sins.

Senior Recognition & Commissioning Prayer .....Reagan Farris

*God Is For Us*

*In Christ Alone*

Scripture Reading & Prayer of Supplication..... Charles Uptain & Ellie Uptain

Romans 12:1-2

<sup>12</sup> I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. <sup>2</sup> Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Offering

*Show Us Christ*

Message .....Paul Thompson

Help for the Angry Heart  
Matthew 5:21-26

*His Mercy Is More*

Benediction.....Tyler O'Bryan

Romans 15:5

<sup>5</sup> May the God of endurance and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus,

Announcements & Elder Vote..... Charles Uptain



**Sunday, May 19  
5pm  
Fellowship Center**

We are excited to share with you the next phase of our journey together as a community of believers and a family of faith! For the last year and a half, we have been praying, studying, gathering, and discussing the critical values and activities that should *describe* and will *define* us as a church. What we share tonight will encourage you, equip you, and challenge you as an ambassador of Christ.

**Elder Vote**

The council of elders is presenting Ian Worrell as a candidate for the office of elder. The congregation will vote today in the AM worship service.

**Life Group, Open Class & AM Worship Schedule**

Life Groups and Open Classes will not meet on Sunday, May 26.

AM worship will meet in the Sanctuary on Sunday, May 26 and ALL Sundays in June and July.

**Summer 2024 Open Class Schedule**

**Sundays, June 2-Aug 25 (no class July 7) | 8:30am**

Meaningful Membership (June 2, 9, & 16), Parlor

Whether you are new to Calvary or have been at Calvary for a long time, this class offers all the information you need to know about Calvary.

Stewardship, Room R300/302

This class is about how to faithfully steward all that God has given us. In this class, you will learn how to better manage your money, time, health, and skills.

**Wednesdays, June 5-Aug 28 (no class July 3) | 6pm**

Biblical Theology, Room R300/302

This class explores the discipline of learning to read the Bible as one story by one divine author that culminates in the person and work of Christ so that every part of Scripture is understood in relation to Christ.

**Baby Bottle Boomerang Benefitting Wiregrass Hope Group**

Pick up locations: Fellowship Center Foyer, ROC, & Preschool Desk

Return Deadline: Friday, May 31

Wiregrass Hope Group is one of our Local Mission Partners. They provide free pregnancy resources, free parenting programs, and a free fatherhood program. Their mission is to share the hope of Jesus Christ, promote human life, and care for people through pregnancy resources, biblical counseling, and relationship education. Grab a bottle today and fill it with your loose change, cash, or check to support this ministry.

**The Great Jungle Journey VBS**

**June 3-7 | 8:30am-12pm**

Kids will be going on an epic adventure through the jungle and will be exploring the whole Bible from Genesis to Revelation. Join us on this exciting jungle cruise with sloths, butterflies, river dolphins, and dart frogs. Child and volunteer registration is open! Visit [calvarydothan.com/VBS](http://calvarydothan.com/VBS) for more information.

**Southern Baptist Convention Annual Meeting June 11-12, 2024 | Indianapolis, IN**

If anyone is interested in representing Calvary as a messenger at the Southern Baptist Convention annual meeting, contact Caren in the church office, or email [caren@calvarydothan.com](mailto:caren@calvarydothan.com).

**I WOULD LIKE MORE INFORMATION ABOUT:**

**My Decision Today:**

- I trusted Jesus as Savior.
- I'd like to join Calvary Baptist Church.
- I believe God is calling me into ministry/mission.
- Please have a pastor or elder contact me.

If you would like to speak with someone about one of the items noted above, please visit the Next Steps Kiosk before you leave today.

**PRAYER REQUESTS:**

- Pastors & Prayer Team Only
- Churchwide

## Connect Card

May 19, 2024

Please complete this tab, tear it off and drop it in an offering plate, or in the boxes by the exits.

- Please update my information
- Please contact me about membership

### I am a:

- First Time Guest
- Attender
- Member

Name

Address

City

State/Zip

- Male
- Female

- Married
- Single

Birthdate (mm/dd/yy)

Home Phone

Cell Phone

Spouse

Spouse's Birthdate (mm/dd/yy)

Children:

Name / Date of Birth

Name / Date of Birth

Name / Date of Birth

Name / Date of Birth

Please complete the additional information on the back of this tab, if applicable.

### May 19, 2024

#### May Missions Spotlight

**Michael and Katherine Carrel (North Pownal Church, Vermont)**

The Carrel family seeks to help the people in the mountains and valleys of the tri-state area find and follow Jesus. It is their desire that the congregation of North Pownal Church follow Christ in every aspect of what they do. Pray for them as they are committed to reaching Pownal and the surrounding areas with the gospel of Jesus Christ. To learn more about their ministry, visit [northpownalchurch.org](http://northpownalchurch.org) or [facebook.com/northpownalcc](https://facebook.com/northpownalcc).

If you are interested in knowing how to pray for the Carrels, please pick up a prayer card at the missions kiosk in the Fellowship Center foyer.

#### Wiregrass Hope Group (Local Missions Partner)

The mission of Wiregrass Hope is to share the hope of Christ, promote human life, and care for people through pregnancy resources, biblical counseling, and relationship education. Their vision is to build a healthy community where individuals and families value life and thrive because of the love and grace of Christ. If you would like to know more about the ministry work of Wiregrass Hope Group, visit [facebook.com/supportwiregrasshopegroup](https://facebook.com/supportwiregrasshopegroup) or [wiregrasshope.com](http://wiregrasshope.com).

Prayer needs for Wiregrass Hope Group can be found on prayer cards at the missions kiosk in the Fellowship Center foyer.

 [calvarydothan.com](http://calvarydothan.com)

 [@calvarydothan](https://twitter.com/calvarydothan)

 [@calvarydothan](https://www.instagram.com/calvarydothan)

 [/calvarydothan](https://www.facebook.com/calvarydothan)



901 Montezuma Avenue  
Dothan, AL 36303  
Church Office 334.792.5159  
Weekday Ministry 334.793.9898

#### THE PEOPLE CAME...

May 12

Life Group: 506  
10:00 Worship: 706  
Hispanic Church: 120  
Neighborhood Church (NY): 25

#### THE PEOPLE GAVE...

General Fund

Given May 12: \$49,538.27  
Given Y-T-D Surplus (Deficit):  
(\$8,706.66) as of 04/30/24

#### NAVIGATORS BIBLE READING PLAN


May 19-25

- Mark 14:12-31, 2 Cor 13, Ps 109, 2 Sam 5-7
- Mark 14:32-42, Gal 1, Ps 110, 2 Sam 8-10
- Mark 14:43-52, Gal 2, Ps 111, 2 Sam 11-12
- Mark 14:53-65, Gal 3:1-14, Ps 112, 2 Sam 13
- Mark 14:66-72, Gal 3:15-29, Ps 113, 2 Sam 14-15

#### Sunday Schedule

- 8:30am Life Groups & Open Classes
- 10:00am Worship, Fellowship Center  
Kid's Worship, Grades 1-5,  
Chapel (except 1st Sunday)
- 11:00am Worship Broadcast on JoyFM  
94.3/96.1 with a 1 wk delay.
- 5:00pm Family Worship, Sanctuary  
Childcare for Babies-K3

#### I'm New Here

 We're so glad you've joined us for worship today and would love to be able to share more with you about our church.

To fill out a digital Connect Card or learn more about Calvary, please use your smartphone camera to scan the QR Code or you can fill out the Connect Card in this bulletin and place it in the offering plate or in one of the offering boxes when you exit the Fellowship Center.

Also, be sure to stop by our Next Steps table after the service for a gift from us!

#### How to Become a Christian

Want more information about how to become a Christian? Go to [calvarydothan.com/how-to-become-a-christian/](http://calvarydothan.com/how-to-become-a-christian/).

If you would like to view a pdf of today's AM sermon notes, go to [calvarydothan.com/messages](http://calvarydothan.com/messages).

#### Ministry Staff

Paul Thompson..... Senior Pastor  
Charles Uptain..... Executive Pastor  
Dan Tankersley..... Discipleship Pastor  
Patrick Lima..... Worship  
Tommy Perry..... Missions

#### STAFF ON CALL

Sunday, May 19:

Joyce Alexander | 334-798-4791

Saturday, May 25:

Dan Tankersley | 334-655-8765

Sunday, May 26:

Dan Tankersley | 334-655-8765

#### SERMON SCHEDULE

Sunday, May 26

10am

*Liberty from the Lustful Eye*

Matthew 5:27-30

Message by Patrick Lima

5pm

No PM Worship

#### Wednesday Schedule

- 6:00pm Open Classes, D-Groups, Life  
Groups  
Birth-K5, Preschool Bldg  
Grades 1-5, Chapel  
Grades 6-12, Student Room

<sup>19</sup> Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; <sup>20</sup> for the anger of man does not produce the righteousness of God.

– James 1:19-20



WELCOME TO  
**Calvary**  
BAPTIST CHURCH