

Therefore, I Have Hope

Lamentations 3:16-24

Have you ever ...

... felt as if God was relentlessly _____ you?

... felt like you were in the _____ and could not see why or what or a way out?

... felt _____ physically and emotionally?

... felt _____ and alone – to the point that even _____ wasn't listening?

... been here:

*¹⁶ He has made my teeth grind on gravel, and made me cower in ashes; ¹⁷ my soul is bereft of peace; I have forgotten what happiness is; ¹⁸ so I say, "My endurance has perished; **so has my hope** from the Lord."*

... felt like _____ has perished?

¹⁹ Remember my affliction and my wanderings, the wormwood and the gall! ²⁰ My soul continually remembers it and is bowed down within me.

... And felt like these feelings will not _____, will not be _____, and cannot be _____?

What then will you do?

Don't expect to simply _____ the _____. You can't. You won't.

Time _____ all wounds. In fact, _____ hurts tend only to _____ over time.

Don't try to _____ for your pains with _____. You can't. It doesn't work.

A constant quest for _____ as remedy proves ultimately _____.

Instead ...

²¹ But this I call to mind, and therefore I have hope: ²² The steadfast love of the Lord never ceases; his mercies never come to an end; ²³ they are new every morning; great is your faithfulness.

²⁴ "The Lord is my portion," says my soul, "therefore I will hope in him."

_____ what you will _____ and _____ about.

"... this I call to mind, and therefore I have hope ..."

This is when _____ matters more than ever before! _____ can _____, but never _____.

God has eternally expressed His _____ to you in _____!

His _____ towards us is inexhaustible.

He is _____ and _____.

Life is _____, but God is _____!

_____ to yourself.

"The Lord is my portion"

What this means:

When you don't _____ hope, _____ hope. Your feelings will eventually follow.

"therefore I will hope in him."